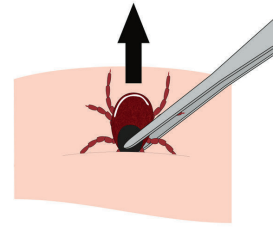


# HOW TO REMOVE A TICK AFTER A BITE



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Avoid pressing on the tick's abdomen. It increases the risk of transmitting the bacteria responsible for Lyme disease.

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## DO NOT TURN NOR CRUSH THE TICK

**Pull gently, straight up.**

Allow the entire tick to be removed without breaking it. If the tick's head stays implanted in the skin, you may then be able to remove it delicately with tweezers. If you cannot remove the head, leave it in place and let the skin heal. Your body will naturally reject it. If you are using a tick remover, follow the manufacturer's instructions.

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## WASH THE AFFECTED AREA

**Clean your skin.**

After removing the tick, clean your skin with soap and water, and wash your hands thoroughly.

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## SEND A PICTURE TO ETICK

**Get the tick identified, for free.**

By submitting a tick picture on eTick.ca or on the eTick app, you can receive a quick species identification by our trained personnel, to know if you or your pet might have potentially been exposed to tick-borne diseases such as Lyme disease.

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## BE SURE TO KEEP THE TICK

**Place the tick in a container that closes tightly.**

Use an empty pill container, for example. Mark part of the body that was bitten and the date the tick was removed, then store it in the refrigerator. The tick could be useful if you need to see a doctor or take more pictures.

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